



SIGI 3

185 Student Services Building
201 North University Street
Campus Box 2520
Normal, IL 61790-2520

System Interactive Guidance Information (SIGI 3) integrates self-assessment with in-depth and up-to-date career information that is easy to use and provides you with a realistic view of the best educational and career options for future success.

- Create a career plan that is right for you!
- Self-directed, flexible, and easy-to-use
- Saves your work in SIGI 3 for your future use
- Saves you money, time, and energy
- Free, accessible 24/7 from any PC on or off campus that is connected to the Internet

Section I. Starting: Overview of SIGI 3

- Includes Introduction, My SIGI Plan, and Quick Reference
- Explains how to navigate through the system
- Provides a suggested plan based on your specific needs
- Allows you to find answers to questions in the quick reference area

Section II. Assessment: What do I want?

- Includes Values, Interests, and Activities
- Looks at work-related values and interests and decides what is important to you
- Examines various activities and allows you to decide what you like and what you can do well

Section III. Occupational information: What occupations might I like?

- Includes Search by Title, Major, Factor, and Compare Occupations
- Creates a personalized list of occupations based on values, interests, skills, and level of education
- Searches careers by title, major, or matching factors
- Compares just two occupations, or up to eight occupations based on selected factors or your assessment results

Section IV. Analysis: Can I do what is required?

- Includes Deciding, Preparing, and Skills Check
- Describes in detail the education or training typically required for any of the occupations and the work tasks you will need to know how to perform
- Highlights skills required to perform important tasks in any occupation and assesses whether or not you have those skills
- Offers information and advice on many practical concerns, like financing education, managing time, finding daycare facilities, and getting credit for learning through experience

Section V. Getting there: How do I put my plan in action?

- Includes Coping and Next Steps
- Directs you in planning an immediate course of action by establishing short-range goals and the steps to achieve those goals
- Provides a sample resume

Contact the Career Center if you need any special accommodations to fully participate in these programs/events. Please allow sufficient time to arrange any accommodations.

Connect to SIGI 3

- Go to www.CareerCenter.ilstu.edu
- Click on SIGI 3
- Select Self-Assessment from the drop-down menu
- Click on ISU Student
- Enter your ULID and password
- Create a new SIGI login or enter your existing SIGI login
- Follow-up: Print your results after each section and discuss your profile with a career counselor at the Career Center.